

**STRUGGLE TO TELL THE TRUTH: AN INDIVIDUAL PSYCHOLOGICAL STUDY
ON *THE GIRL ON THE TRAIN* NOVEL**



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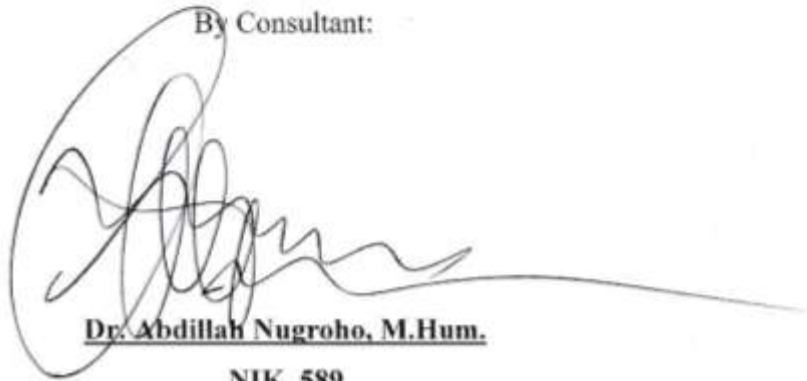
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STRUGGLE TO TELL THE TRUTH: AN INDIVIDUAL PSYCHOLOGICAL
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A handwritten signature in black ink, featuring a large, stylized initial 'A' followed by several loops and a long horizontal stroke extending to the right.

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Abstract

The aim of this research is analyzing Rachel's struggle to tell the truth on *The Girl On The Train* Novel. The researcher had drawn three problem statements, firstly about Rachel's struggle to tell the truth, secondly talks about obstacles of Rachel's struggle to tell the truth, and then thirdly about reason of Rachel's telling the truth. The type of this study is descriptive qualitative. The data of this study used note taking technique. The writer took a note on the statements in *The Girl On The Train* novel that contained Rachel's struggle to tell the truth. The data sources are novel *The Girl On The Train* and other sources related to this study such as journals, other research papers dealing with this study. The result of this study shows that Rachel's struggle to tell the truth the truth influence in six aspects such as (1) inferiority felling, (2) superiority felling, (3) fictional finalism, (4) style of life, (5) social interest, and (6) creative power. The second result is she had not response from Scoot Hipwell. The third result is Rachel was disappointed with Megan.

Key Words: Struggle, The Truth, *The Girl On The Train* Novel

Abstrak

Tujuan dari penelitian ini adalah menganalisis usaha Rachel untuk membuktikan kebenaran pada novel *The Girl On The Train*. Penulis mengambil tiga rumusan masalah, yang pertama tentang usaha Rachel untuk membuktikan kebenaran, yang kedua berbicara tentang hambatan Rachel untuk membuktikan kebenaran, dan kemudian yang ketiga adalah alasan Rachel untuk membuktikan kebenaran. Jenis data tersebut adalah diskriptif kualitatif. Data yang diambil menggunakan teknik pengambilan data yang penting. Penulis mengambil data berdasarkan kalimat yang ada pada novel *The Girl On The Train* yaitu tentang usaha Rachel untuk membuktikan kebenaran. Sumber data yaitu novel *The Girl On The Train* dan sumber lain yang mempunyai hubungan pada penelitian ini. Hasil dari penelitian menunjukkan bahwa usaha Rachel untuk membuktikan kebenaran dipengaruhi oleh enam aspek (1) inferiority felling, (2) superiority felling, (3) fictional finalism, (4) style of life, (5) social interest, and (6) creative power. Hasil yang kedua adalah dia tidak mendapat respon dari Scoot Hipwell. Hasil yang terakhir yaitu Rachel kecewa dengan Megan.

Kata Kunci: Usaha, Kebenaran, Novel *The Girl On The Train*.

1. Introductionn

The Girl on The Train novel tells about Rachel who is an alcoholic after she was divorced with her husband, Tom. One day Rachel saw Jess

kisses another man, he is not Jason. The day after, Rachel thinks went to Witney Station to see what will happen to Jess and Jason. At the time Rachel is drunk and she arrived at Witney Station, she is suddenly blackout and doesn't know that happened the night. In the morning Rachel wakes up in her room, she felt that pain all over in her body. Suddenly she sees news about a disappearance woman is Megan. She is surprised because Megan is 'her Jes'.

Rachel tries to help Scoot Hipwell who is Megan's husband. She pretends that she is a close friend of Megan. Rachel tells Scoot Hipwell that the man who kissed Megan is taller, slender and darker than him. However, Rachel struggles to tell the truth and faces some obstacles. Rachel was accused of the case about the disappearance of Megan from her house because Anna saw Rachel in Witney Station who is his condition was drinking.

Rachel convinces that the information was true. She has lost her memory of what was done that night. She remembers when he wakes up from his room her hand and head injured. However, detectives think that Rachel likes a crazy girl.

Rachel's struggle to convince Scoot that she saw Megan. Her condition was stable and she did not drunken. She tried to explain that she one person who know Megan boyfriend where is. Because the police had not the real action in Megan's case.

Nevertheless Rachel's struggles convince Scoot that she get obstacle. She does not get a respond from Scoot again, because he knows that she has been lied to by claiming Megan's friend.

The reason why the researcher choose *The Girl on The Train* novel. There are third reasons. The first reason is Rachel's struggle to convince Scoot Hipwell and Detectives (Riley and Gaskil) that disappearance Megan from her home has relation with man who is kisses with jess at the Saturday.

The second reason is Rachel's struggle find about disappearing Megan from her home. She looked for hypnotherapists in Ashbury who is doctor abidic to help recovery her memory in Saturday night. The only way to find Megan was Rachel must remember his memory.

The last reason is Rachel's struggle to help Scoot Hipwell about disappearance Megan from her home become mystery. She going to Witney Station to remember what happened at Saturday night. She believe that this case of Megan's disappearance and on that night she was injured on her head. It makes she lose her memory

Based on the phenomena above, the researcher is interested in analyzing this novel by using an individual psychological approach by Alfred Alder and takes a title as follows: **"Struggle to tell the truth an individual psychological approach based on *the girl on the train* novel."**

The research questions in this study are: 1) Rachel's struggle to tell the truth *The Girl on The Train* novel?, 2) Obstacles Rachel's struggle to tell the truth *The Girl on The Train* novel? , and 3) Rachel's reason struggle to tell the truth *The Girl on The Train* novel?. Thus, this study is aimed to: 1) describe Rachel's struggle to tell the truth *The Girl on The Train* novel?, 2) describe obstacles Rachel's struggle to tell the truth *The Girl on The Train* novel? , and 3) describe Rachel's reason struggle to tell the truth *The Girl on The Train* novel?.

2. Research Method

The type of the research is descriptive qualitative research to analyzing Rachel's struggle to tell the truth, obstacles of Rachel's struggle to tell the truth, and Rachel's reason telling the truth. The data was analyzed using the researcher an individual psychological approach by Alfred Alder. The data sources are *The Girl on The Train* novel by Paula Hawkins. It is published on Augustus 2015. The researcher uses taking note, collecting, and classifying as the technique of data collecting.

3. Research Analysis and Discussion

3.1 Research Analysis

In this result of the study, the researcher answers of the research problem. The first research problem is Rachel's struggle to tell the truth in

The Girl on The Train novel. The second research problem is obstacle of Rachel's struggle to tell the truth in *The Girl on Train* novel. The last research problem is Rachel's reasons telling the truth in *The Girl on Train* novel. The researcher is analysis the problem using an individual psychological approach by Alfred. The analysis are discussed.

3.1.1 Rachel's Struggle To Tell Truth

Rachel Waston as the major character is an alcoholic woman. She tries into the case of Megan because the day before she looked Megan kissing another man on her terrace. Detective expressed Megan's case without doing any real actions. She decided to tell the truth of Megan's case that become mystery. It could be seen Rachel's struggle when she bravely met Scoot Hipwell that Megan had turned to another man. She believed that the disappearing of Megan from her home had relation with another man.

3.1.1.1 Inferiority Felling

Alder (1930:133) stated that inferiority felling is the strength of all human struggles. The finding of inferiority felling in *The Girl on The Train* novel can be as follow:

"I turned around and headed back to the station. I didn't want to be there any longer, I didn't want to go to Scoot and Megan's house front door. I wanted to get away from there. Something bad happened there, I know it did". (Page: 41)

Based on the data, the text above belongs to inferiority felling. Rachel wants to see Scoot and Megan at home. However inferiority felling seem when she was afraid to return at the Witney Station. It can be proved that Rachel's role will be any longer because the detectives asked Rachel to get away from Witney Station. Even Anna reported she was drinking and

behaving strangely in connection with missing Megan from her home.

3.1.1.2 Superiority felling

Superiority is a neurotic belief that one is better than other. A person who is superiority has character arrogantly and raises own existence (Cloninger, 2009: 103). The finding of superiority felling in *The Girl on The Train* novel can be as follow:

In the case, the police don't have all the facts. They're only looking at the husband, presumably because they don't know about the boyfriend. (Page: 41)

The narration belongs to superiority felling. Superiority felling can be seen in Rachel's character seems when she was convinced that she is the only person who can help scoot because she knows where Megan's boyfriend is. She tried to make a list of explanations that she thought had a relation with the Megan's case. Because the police did not know the facts of it, they were only interested in Scoot.

3.1.1.3 Fictional Finalism

Fictional finalism is a person's image of her goal or striving. It can be seen finalism is a subjective experience rather than an objective reality. The finding of fictional finalism felling in *The Girl on The Train* novel can be as follow:

There they are! Is that him? They're standing on terrace. Aren't they? Is that Jason? Is that Jess? I want to be closer, I can't see. I want to be close to them. I'm not going to Euston, I'm going to get off at Witney. I'm going to get off at Witney. This is not a good idea. This is a very bad idea". (Page: 26)

The narration belongs to fictional finalism. Fictional finalism show the major character that she imagines seeing Jason and Jess clearly. She thinks that she doing was right. She turned off in Witney station but that was too bad for her because the police ask to Rachel to get away from Witney Station.

3.1.1.4 Style of life

Fiest (2006:78) stated that style of life is a picture of a person's sense of life. The finding of socially useful in *The Girl on The Train* novel can be as follow:

"Is that a good idea, do you think? I ask. I mean, do you not think you should just leave him to the police. He's dangerous. Or at least, he should be dangerous. I don't know, I just don't know. ". (Page: 71)

The narration belongs to socially useful. It can be proved from the story that Rachel gives information about what Megan did on Friday morning. Rachel gets a good response from Scoot. He thanked to Rachel for helping the police in investigating the Megan's case.

3.1.1.5 Social Interest

Cloninger (2009:113) stated that social interest is the innate potential to live cooperatively with other people. The finding of social interest felling in *The Girl on The Train* novel can be as follow:

Yes, that's right. Friday morning. They were outside, in the garden. And there's no way you could have misinterpreted what you saw? It wasn't hug, say a...a platonic kind of kiss? No, it wasn't. It was a proper kiss. It was...romantic. (Page: 59)

The narration belongs to social interest. Detective Gaskil asks Rachel to give information about what seen on Friday Morning

that has something to do with Megan's case. It can be shown that Rachel gives information Megan kissing romantic with another man. Detective responds seriously however that information can help to solve the case of Megan.

3.1.1.6 Creative Power

According to Alder (1930: 129) Creative self is the third power most decisive force of behavior. The creative power give the meaning of life, creates goals and means to achieve it. The finding of creative power felling in *The Girl on The Train* novel can be as follow:

I have to convince Scoot that I knew her a little, not a lot. That way he'll believe me when I tell him that I saw her with another man".(Page: 63)

Based on the data, the dialogue belongs to creative power. Rachel's struggle to reach his goal was seen when she lied to Scoot, that she was a good friend of Megan, because the police did not take the information seriously. Rachel convinces Scoot that she saw Megan kissing another man on her terrace.

3.1.2 The Obstacles of Rachel's Struggle to Tell The Truth

Rachel's struggle telling the truth has some obstacles caused by many conflict. First obstacle is she was cast out with Scoot's mothers because in his home many journalist and detective. Second obstacle is she does not much money to meet hypnotherapists in Ashbury to help recovery her memory in Saturday night. Third obstacle is obstacle the detectives are only interested in Scoot, because they thought that she like stalker, rubbernecker, and mentally unstable which was into the case of Megan. Fourth obstacle is she does not know what happened on Saturday night. Last obstacle is she had responded from Scoot Hipwell, because he knew that she lied by claiming Megan's friend.

The first finding of obstacle of Rachel's struggle to tell the truth in *The Girl on The Train* novel can be as follows:

"I'm cast out. Scoot's mother made that clear. I'm cast out and I'm disappointed, but it shouldn't matter, because they have Kamal Abdic. They've got him, and I helped. I did something right. They've got him, and it can't be long now before they find Megan and bring her home". (Page: 76)

Based on the data, the text above belongs to obstacle of Rachel's struggle to can be indicated by Rachel came to Scoot's house to give information about Megan. However, Rachel gets obstacle that she was cast out with Scoot's mother because in his home many journalist and police. It makes her disappointed. But she believes that she did something right about information what happened in Friday that morning.

3.1.3 The reason of Rachel's struggle to tell the truth

There are three reason of Rachel's struggle to tell the truth. First reason is she was disappointed with what she saw on Friday morning, because she knows that Jason (Scoot) loves her so much. Second reason is Rachel will meet Scoot to tell about her lover, because she was the one person who knew Megan's boyfriend. Last reason is the detective (Riley and Gaskil) have no real action to investigating in the case of Megan. She thinks that she was the one person who helps Scoot Hipwell to find Megan.

The finding of reason of Rachel struggle to tell the truth in *The Girl on The Train* novel can be as follow:

"She puts her hands around his waist and she kisses him, long and deep. I can't believe it. I snatch air into my lungs. Why would she do that? Jason loves her, I

can see it, they're happy. I feel a real sense of disappointment. I fell as though I have been cheated".(Page: 22)

Based on the text above, the narration belongs to the reason Rachel's struggle to tell the truth. It can be seen when Rachel sees Jess (Megan) kissing with other men in terrace. She was disappointed with what she saw on Friday morning. She feels that Rachel is betrayed, she knows that Jason (Scoot) loves her so much.

3.2 Discussion

In this discussion, the researcher will be discussing about struggle to tell the truth in *The Girl on The Train* novel. The researcher will be broken down into third some problem. The first problem is about Rachel's struggle to tell the truth. The second talks about the obstacles of Rachel struggle to tell the truth. The last is about Rachel's reason telling the truth. The analysis of Rachel's struggle to tell the truth shows that each description of them gives representation Rachel's struggle to tell the truth.

The first problem talks about Rachel's struggle to tell the truth in *The Girl on The Train* novel. These problem are six aspects of the individual psychology study that explain Rachel's struggle to tell the truth. The first aspect is inferiority felling. Rachel realizes that she saw Megan kissing with another man in terrace. She wants to see Scoot at home, but she was afraid to return at Witney Station. It can be proved Rachel's role will be any longer, because of detectives asked Rachel to get away from Witney Station. Even Anna reported that she was drinking and behaving strangely. They accused Rachel had relation about disappearance of Megan from her home.

The second aspect is superiority felling. It can be looked when she leave an inferiority felling. She tried to make a list of explanation that she thought had a relation with Megan's case. She believes that she is the only

person who can help Scoot, because of the police did know the fact of it. Rachel wants to see Scoot to tell where Megan's boyfriend is. The third aspect is fictional finalism. It can be looked Rachel's image to seeing Jason (Scoot). She gave information about Megan. She thinks that she doing was right, because she knew where Megan's boyfriend is. She turned off in Witney station but that was too bad, because of she does not know who Scoot is.

The fourth aspect is style of life Rachel's characteristic to struggle to tell the truth. It can be seen, she can handle this problem. She was courage to meet Scoot. She gives information about Megan did on Friday morning. Rachel gets a good response from Scoot. He thanked to Rachel for helping the police investigating the Megan's case. The fifth aspect is social interest. It can be looked Rachel's interaction with Scoot to achieve for final goal. Rachel gave information Scoot that she saw Megan kiss with another man on her terrace. Scoot responded to what information about to Megan. He asked Rachel to explain the characteristics of the man. The last aspect is creative power is the way to reach for final goal. Rachel's struggle to reach his goal was seen she lied to Scoot, that she was a good friend of Megan, because the detectives did not take the information seriously. They presume that she like a crazy girl.

The second problem is about the obstacles of Rachel struggle to tell the truth. Rachel was an alcoholic. She is interested to investigating the case of Megan, after she saw Megan kissing with another man. She tried to meet Scoot to give information. She convinces Scoot Hipwell that she was the only person who helps Scoot Hipwell to find Megan, because she knew Megan's boyfriend was. However Rachel's struggle to convince Scoot Hipwell got obstacle. The first obstacle is she was out with Scoot's mother because in her home many journalist and the detective. It makes her disappointed, but she did something right about information what happened in Friday that morning. The second obstacle is she does not much money to meet hypnotherapists in Ashbury to help recovery her

memory in Saturday night. She realizes that that the way to find Megan was Rachel must recovery her memory.

The third obstacle is she tried to meet detectives (Riley and Gaskil) to give information about the case of Megan. They are only interested in Scoot Hipwell, because they think that she like stalker, rubbernecker, and mentally unstable which is into the case of Megan. The fourth obstacle is Rachel lose her memory what happened on Saturday night. She realizes that people who helps recovery her memory are therapist like Kamal Abdic. The last obstacle is she does not a response from Scoot Hipwell, because he knew that she has been lied to by claiming Megan's friend. He thinks that she like a stalker which is into the case of Megan.

The last is about Rachel's reason telling the truth. It can be seen Rachel saw Jess (Megan) kissing with another man in terrace. She was disappointed with what she saw on Friday morning. She feels that, Rachel is betrayed. She knows that Jason (Scoot) lover her so much. The detective have no real action it the case of Megan. She wants for helping Scoot. Rachel think that she was part of Megan's case, because she was the one person who knows knew Megan's boyfriend.

4. Conclusion

Based on the result of the study. The researcher assumes some conclusions after analyzing *The Girl on The Train* novel by using an individual psychological approach. The first problem is Rachel's struggle to tell the truth in *The Girl on The Train* novel. There are six aspects of the individual psychology study that explain Rachel's struggle to tell the truth. It can be concluded that Rachel's struggle will be end in the case of Megan. She left her existence. She tried to make list of explanation that she though with Megan's case. Rachel's character can handle this problem. She was courage to meet Scoot. She gave information Megan did on Friday Morning. She convinced Scoot Hipwell that she was the only person who helped Scoot to find Megan.

The second problem is obstacles of Rachel's struggle to tell the truth in *The Girl on The Train* novel. It can be concluded that Rachel's struggle to convince Scoot Hipwell got obstacle. She had no response from Scoot Hipwell, because he knew that she lied by claiming Megan's friend. Even the detective reported that she was not Megan's close friend. They thought that she like rubbernecker, stalker, and mentally unstable which was into the case of Megan.

The third problem is reason of Rachel to tell the truth. It can be concluded that she was part of Megan's case. She saw Megan kissed with another man in her terrace. She thought that she was the only person who knew Megan's boyfriend was. She wanted to help Scoot Hipwell with her information, because the detectives had no real action in the case of Megan.

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